

2011/12 Price & Lesson Guide - 3 Valleys



New Generation is a British run ski and snowboard school. All our lessons are in English. All our instructors are fully qualified and can teach all levels of skier or boarder. Groups are small and friendly.

We have shops in Courchevel 1650 and Meribel. We have dedicated resort teams who start lessons from the four major ski stations - Courchevel 1650, 1850, La Tania and Meribel.

More information or book on-line at: www.skinewgen.com.

We are also in:

- Val d'Isere
- Tignes

- Vailandry (Les arcs)
- Serre Chevalier
- Verbier

Step 1: Find Your Level

All levels are catered for - from beginner to off-piste adventurer!

Step 2: Choose a range and lesson type that is right for you.

| | |
|---|-----------------------------------|
| Some examples: | <u>RANGE</u> , <u>Lesson Type</u> |
| Are you looking for a week of lessons? | (CORE, Groups) |
| Lessons for the children? | (CORE, Kids Groups) |
| A one to one? | (CORE, Private lesson) |
| | |
| A couple of technical sessions? | (FLEXI, Technical Clinics) |
| To start to learn a new skill? i.e. bumps | (FLEXI, SkillSessions) |
| Need lessons on a Sunday? | (FLEXI, Sunday Starter) |
| | |
| Want to improve on the move? | (PRO, proXplore) |
| Looking for an off-piste adventure? | (PRO, proVenture) |

Step 3: Check Details

Check the price and running time of the lessons.

Step 4: Make a booking

Online: www.skinewgen.com

Email: info@skinewgen.com

Phone: 0844 484 3663 (from the UK only)

0033 479 01 03 18 (International)

Please mention your tour operator (Where You Heard About Us) and the chalet/hotel you are staying in.

Level & Course Guide (3 Valleys)

Use this guide to work out skiing and snowboarding levels. Level videos are available online at www.skinewgen.com to assist in finding the right level.

Adult Ski Courses & Clinics

| | | | | | |
|---------|--|----------------------|---------------------------|---------------------|------------------------|
| Level 1 | This is my first time. | Adult Courses L1 - 5 | Technical Clinics L 4 - 7 | PRO Courses L 5 - 7 | Skill Sessions L 5 - 7 |
| Level 2 | I have tried skiing before, on snow or on a dry slope. I have started to snowplough turn on the nursery slopes. | | | | |
| Level 3 | I am confident snowploughing on green and blue runs and my skis are sometimes parallel towards the end of the turn. | | | | |
| Level 4 | I ski parallel on a blue run, but may struggle when it gets steep, narrow or icy. | | | | |
| Level 5 | I can ski red runs when the conditions are good. I enjoy skiing fairly fast, but struggle when it gets bumpy, steeper, icy, or the snow gets deep. | | | | |
| Level 6 | I can ski all reds and get down most blacks as well, providing they're not too steep or bumpy. | | | | |
| Level 7 | I can ski most places. Black runs are no problem and I enjoy off-piste and itinerary runs. | | | | |

Snowboarding Course & Clinics

| | | | | |
|---------|--|-------------|-------------|------------|
| Level 1 | This is my first time on a snowboard | Course L1-3 | Clinic L3-4 | Skill L3-4 |
| Level 2 | I can stop and turn on both my toe & heel edge | | | |
| Level 3 | I can ride and turn on blue runs | | | |
| Level 4 | I am ready to ride all of the mountain | | | |

Children's Courses

| | | | | |
|------------------|--|------------------|---------------------------------|----|
| Whippersnappers | This is my first time | 4-5 yr | Skiing experience guide (weeks) | |
| Wallabies | This is my first time | 6 - 12 Year Olds | | 0 |
| Arrows | I can ski a green run, controlling my speed, use a drag lift and might have tried a blue run | | | 1 |
| Young Arrows* | Arrow standard but 5 - 7 yrs only | | | 2 |
| Bombers | I can 'bomb' down blue runs and can sometimes get down a red run | 8 - 14 Yr Olds | | 3 |
| Rockets | I can parallel ski 'everywhere' - reds and beyond. I want to continue to work on my on-piste skills. | | | 4 |
| NG Freeride Team | I have been in Rockets (maybe for a few years), I can parallel ski on blacks and I am now looking to develop my all mountain skills. | 10 - 14 Yr Olds | | 5 |
| | | | | 6+ |
| | | | 7 | |
| | | | 8+ | |

Find the lesson that is right for you

We have a comprehensive range of ski and snowboard lessons to choose from. We cater for all levels and have lessons from 2 hrs to a week!

Traditional favourites

CORE

The 'Classic', 'Traditional', 'Essential' or, as we call them, **CORE** lessons at New Generation are our weekly courses (adults and children) and private lessons for skiers and snowboarders.

+ Adult Morning Courses

Groups lessons are our most popular form of lesson. Lessons are run in the mornings, leaving you free for the rest of the day to practise, or ski with family and friends.

★ All Levels

+ Children's Courses

A range of weekly courses with the emphasis on learning in a safe and fun environment. Ages 4 - 14 years.

★ Small groups

★ Fluent English Speaking

+ Private Lessons

A one-to-one coaching session or share with friends. On & Off-Piste lessons from 2 hour to all day.

★ All Levels

Flexible & Innovative lessons

FLEXI

Great value and flexible. The name reflects the fact that the lessons are always guaranteed to run and the more people in the lesson the longer the lesson lasts.

+ Afternoon Technical Clinics

Skiers not wishing to be in a course all week but looking for a refresher and tips to launch them off a plateau. 2 afternoon sessions in small coaching group.

★ Level 4 - Level 7

★ Small groups

+ SkillSessions

A one off themed skill session. Choose from: Bumps, Carving, Freestyle, Off-Piste, ICE.

★ Fluent English Speaking

+ Sunday Starter

Sunday group session - perfect for beginners or those wishing to find their ski legs.

★ Level 1 - Level 5

The alternative to ski school

PRO

For clients looking for an alternative to ski school. Whether it is exploring secret powder stashes or simply cruising our instructors' favourite runs with tips on the way.

+ proXplore

Learn on the move. Explore the mountain with our professional instructors. 2 day Themed adventures - The 3 Valley Experience / Beyond 30 Degrees.

★ Level 4 - Level 7

★ Small groups

★ Fluent English Speaking

+ proVenture

2 day adventure with a specialist coach. Scheduled on set dates with a named coach. e.g. Off-Piste.

★ Level 6 - Level 7

CORE

Adult Morning Courses

(For levels 1-5, Sun/Mon-Fri, 9:15/11:30 start)

| | | | |
|-------|------|--------------|-----------------|
| 5 day | 185€ | 2hrs per day | 2 - 8 per group |
| 6 day | 220€ | 2hrs per day | 2 - 8 per group |

Childrens' Morning Courses *(Half-term/Easter)*

| | | | |
|------------------------|------|-----------------|-----------------|
| 5 day (5 - 14 yr olds) | 395€ | 4.25hrs per day | 2 - 8 per group |
| 5 day (4 - 5 yr olds) | 235€ | 2hrs per day | 2 - 6 per group |

Christmas and New Year - Adult & Children's Courses (6-14yr olds)

9:15 or 13:00 start

| | | | |
|-------------------------------|------|--------------|-----------------|
| 3 day (Sun or Wed start) | 170€ | 3hrs per day | 2 - 8 per group |
| 4 day (Sat start) | 220€ | 3hrs per day | 2 - 8 per group |
| 6 day (Sat, Sun or Wed start) | 300€ | 3hrs per day | 2 - 8 per group |

Saturday Session 90€ 1.5hrs to 3 hrs 1 - 8 per group
If there is only 1 person it will run for 1.5hrs, 2 or more then it will run for the full 3hrs

| | | | |
|--------------------------|------|--------------|-----------------|
| 3 day (4-5 yr olds Only) | 215€ | 3hrs per day | 2 - 6 per group |
|--------------------------|------|--------------|-----------------|

Private Lessons

For each additional person

| | | | |
|---------------|------|--------------|---------|
| 2hr | 165€ | 1 - 2 people | add 20€ |
| 2.5hr | 195€ | 1 - 2 | add 25€ |
| 3hr | 225€ | 1 - 2 | add 30€ |
| 6hr (All Day) | 450€ | 1 - 6 | n/a |

Traditional favourites

Afternoon Technical Clinics

(For Levels 4-7, Mon/Wed; Tue/Thur, 2:00 start)

| | | | |
|-------------------|------|-----------------|------------------|
| 5hr Clinic | 139€ | 2.5hrs x 2 days | 1 - 6 per clinic |
| 6hr Clinic (Peak) | 165€ | 3 hrs x 2 days | 1 - 6 per clinic |

Book with confidence - Clinics are always guaranteed to run

*If there is 1 person it will run for 2 hrs; 2 people = 2*2hrs; 3+ people = Full duration*

SkillSessions (Freestyle, Off-piste, Bumps...)

(For Levels 5 - 7)

| | | | |
|-----------|-----|-----------|-----------------|
| 1 session | 60€ | 1 to 3hrs | 1 - 5 per group |
|-----------|-----|-----------|-----------------|

Book with confidence - SkillSessions are always guaranteed to run

If there is 1 person it will run for 1hr, 2 = 1.5hrs, 3=2hrs, 4=2.5hrs, 5=3hrs

Sunday Starters

(For Levels 1 - 5)

| | | | |
|-----------|-----|-----------|-----------------|
| 1 session | 60€ | 1 to 2hrs | 1 - 8 per group |
|-----------|-----|-----------|-----------------|

Book with confidence - Sunday Starters are always guaranteed to run

If there is 1 person it will run for 1hr, 2 = 1.5hrs, 3+ people = Full duration

FLEXI

Flexible & Innovative lessons

PRO

Guiding & specialist courses

proXplore

(9:00am start, check course level requirements)

| | | | |
|-------|------|---------------|--------------|
| 2 day | 199€ | 5hrs x 2 days | 3 - 6 people |
|-------|------|---------------|--------------|

Guiding with tips on the move (2 levels). The 3 Valley Experience (L4+) - *Cruise the best slopes and learn on the move*; Beyond 30 Degrees (Level 6+) - *Explore the most challenging runs.*

proVenture

(Check course Level requirements)

| | | | |
|-------|------|---------------|--------------|
| 2 day | 199€ | 5hrs x 2 days | 3 - 6 people |
|-------|------|---------------|--------------|

Tailor-made courses. These courses are only available for certain dates and will be with a specialist instructor. For example - Off-piste course.