

2010/11 Price & Level Guide for Vallandry



New Generation is a British run ski school in Vallandry. All our lessons are in English. All our instructors are fully qualified and can teach all levels of skier. We do not currently offer snowboarding in Vallandry. Groups are small and friendly.

More information or book on-line at: www.skinewgen.com

We are also in:

- Courchevel
- La Tania
- Val d'Isere
- Tignes
- Val d'Isere
- Serre Chevalier
- Verbier

Guide to booking ski lessons

We have put together a user friendly guide to booking your ski lessons with New Generation. We hope you find it helpful.

Step 1: Find Your Level

All levels are catered for - from beginner to off-piste adventurer!

Step 2: Choose a range and lesson type that is right for you.

Some examples:	<u>RANGE</u> , <u>Lesson Type</u>
Are you looking for a week of lessons?	(CORE, Groups)
Lessons for the children?	(CORE, Kids Groups)
A one to one?	(CORE, Private lesson)
A couple of technical sessions?	(FLEXI, Technical Clinics)
To start to learn a new skill? i.e. bumps	(FLEXI, Skill Sessions)
Want to improve on the move?	(PRO, proXplore)
Benefit from video feedback?	(PRO, proFormance)
Looking for an off-piste adventure?	(PRO, proVenture)

Step 3: Check Details

Check the price and running time of the lessons.

Step 4: Make a booking

Online: www.skinewgen.com

Email: info@skinewgen.com

Phone: 0844 484 3663 (from the UK only)

0033 479 01 03 18 (International)

Please mention your tour operator (Where You Heard About Us) and the chalet/hotel you are staying in. Terms and Conditions available on request and on the following link www.skinewgen.com/Terms_and_Conditions.pdf

Level & Course Guide (France)

Use this guide to work out skiing levels. Level videos are available online at www.skinewgen.com to assist in finding the right level.

In Vallandry we have a small team which means we sometime have limited group availability. If you can't find what you are looking for online then please email our reservations team who will be happy to help you with your query.

Adult Ski Courses & Clinics

Level 1	This is my first time.	Adult Courses L1 - 5	Technical Clinics L 4 - 7 PRO Courses L 5 - 7 Skill Sessions L 5 - 7
Level 2	I have tried skiing before, on snow or on a dry slope. I have started to snowplough turn on the nursery slopes.		
Level 3	I am confident snowploughing on green and blue runs and my skis are sometimes parallel towards the end of the turn.		
Level 4	I ski parallel on a blue run, but may struggle when it gets steep, narrow or icy.		
Level 5	I can ski red runs when the conditions are good. I enjoy skiing fairly fast, but struggle when it gets bumpy, steeper, icy, or the snow gets deep.		
Level 6	I can ski all reds and get down most blacks as well, providing they're not too steep or bumpy.		
Level 7	I can ski most places. Black runs are no problem and I enjoy off-piste and itinerary runs.		

Children's Courses

Arrows	I can ski a green run, controlling my speed, use a drag lift and might have tried a blue run	6 - 12 Year Olds	Skiing experience guide (weeks) 1 2 3 4 5 6+ 7 8+
Bombers	I can 'bomb' down blue runs and can sometimes get down a red run		
Rockets	I can parallel ski 'everywhere' - reds and beyond.		
NG Freeride Team	I have been in Rockets (or a similar level), I can parallel ski on blacks and I am now looking to develop my all mountain skills.	10 - 14 Year Olds	

Find the lesson that is right for you

We have a comprehensive range of ski lessons to choose from.

We cater for all levels and have lessons from 2 hrs to a week!

Traditional favourites

CORE

The 'Classic', 'Traditional', 'Essential' or, as we call them, **CORE** lessons at New Generation are our weekly courses (adults and children) and private lessons for skiers and snowboarders.

+ Adult Morning Courses

Groups lessons are our most popular form of lesson. Lessons are run in the mornings, leaving you free for the rest of the day to practise, or ski with family and friends.

★ All Levels

+ Children's Courses

A range of weekly courses with the emphasis on learning in a safe and fun environment. Ages 6 - 14 years.

★ Small groups

★ English Speaking

+ Private Lessons

A one-to-one coaching session or share with friends. On & Off-Piste lessons from 2 hour to all day.

★ All Levels

Flexible & Innovative lessons

FLEXI

Great value and flexible. The name reflects the fact that the lessons are always guaranteed to run and the more people in the lesson the longer the lesson lasts.

+ Afternoon Technical Clinics

Skiers not wishing to be in a course all week but looking for a refresher and tips to launch them off a plateau.

★ Level 4 - Level 7

2 afternoon sessions in small coaching group.

★ Small groups

+ Skill Sessions

A one off themed skill session.

★ English Speaking

Choose from: Bumps Off-Piste
 Carving ICE

Specialist courses from our professional team

PRO

Specialist courses for clients looking for an alternative to ski school. Whether it is exploring secret powder stashes, learning from video, or cruising our instructors' favourite runs.

+ proXplore

Learn on the move. Explore the mountain with our professional instructors. 2 levels:

★ Level 4 - Level 7

Explore Les Arcs (L4+) / Beyond 30° (L6+)

+ proVenture

2 day adventure with a specialist coach. Scheduled on set dates with a named coach. Check web for course dates.

★ Level 6 - Level 7

★ Small groups

+ proFormance

★ English Speaking

On & Off snow performance coaching course (Mon-Fri). Includes evening lectures with video feedback

2010/11 Price & Details (Vallandry)

If you can't find what you are looking for or have an ad-hoc request then please contact us as we do have more in our range but we just couldn't fit it all on!

Traditional favourites

CORE

Adult Morning Courses

(For levels 1-5, Sun/Mon-Fri, 9:15/11:30 start)

5 day	185€	2hrs per day	2 - 8 per group
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Childrens' Morning Courses *(6 - 14 year olds, Sun/Mon-Fri, 9:15/11:30 start)*

5 day (Xmas/NY/Non-Peak)	185€	2hrs per day	2 - 8 per group
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5 day (Half-term/Easter)	395€	4.25hrs per day	2 - 8 per group
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Private Lessons

For each additional person

2hr	165€	1 - 2 people	<i>add 20€</i>
2.5hr	195€	1 - 2	<i>add 25€</i>
3hr	225€	1 - 2	<i>add 30€</i>
4hr	295€	1 - 2	<i>add 40€</i>
All Day	450€	1 - 6	<i>n/a</i>

Flexible & Innovative lessons

FLEXI

Technical Clinics

(For Levels 4-7, Mon/Wed; Tue/Thur, 2:00 start)

5hr Clinic	139€	2.5hrs x 2 days	3 - 6 per clinic
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6hr Clinic (Peak)	165€	3 hrs x 2 days	3 - 6 per clinic
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Book with confidence - Clinics are always guaranteed to run

*If there is 1 person it will run for 2 hrs; 2 people = 2*2hrs; 3+ people = Full duration*

SkillSessions (Freestyle, Off-piste, Bumps, Carving...)

(For Levels 5 - 7)

1 session	55€	1 to 3hrs	1 - 5 per group
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Book with confidence - SkillSessions are always guaranteed to run

If there is 1 person it will run for 1hr, 2 = 1.5hrs, 3=2hrs, 4=2.5hrs, 5=3hrs

Specialist courses from our professional team

PRO

proXplore

(9:00am start, check course level requirements)

2 day	199€	5hrs x 2 days	3 - 6 people
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⊗ Explore Les Arcs (L4+) - Learn on the move, cruising the best blues and reds!

⊗ Beyond 30° (L6+) - Explore the steeps and adapt your skiing to new challenging terrain

proVenture

(Check course Level requirements)

2 day	199€	5hrs x 2 days	3 - 6 people
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A series of tailor-made courses run by our specialist coaches. Courses will include off-piste, bumps, freestyle camps. Dates to be posted on resort pages.

proFormance

(For Levels 5 - 7)

5 day	199€	10.5hrs (on-snow) / c.3hrs (off-snow)	4 - 8 people
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On & Off snow performance course. Evening lectures with video feedback (Mon & Tue);

On-snow performance sessions (Tue-Thurs pm); On-snow adventure followed by drinks (Fri).